

The SHEPPARD SENATOR

Sheppard Air Force Base, Texas, home of the 82nd Training Wing and 80th Flying Training Wing

In the news

Save a Life to visit Sheppard

The Save a Life Tour 2003 blood drive will visit Sheppard Monday. The SALT is a nationwide American Red Cross tour covering 33,000 miles through 350 cities. Sheppard/Wichita Falls is one of only five cities to be visited in Texas. Sheppard's goal is to collect 1,000 pints of blood to set a record for the most blood collected in one day at one site in Texas. Blood will be collected at the community center, student center, small auditorium in Bldg. 1900, and study hall in Bldg. 1025, Room 230. There will also be two ARC busses on base taking donations. For more information, contact your squadron POC.

Officers club to host Sunday brunch

The officers club is scheduled to host a Sunday Brunch from 10 a.m. to 2 p.m. All ranks are welcome. Cost is \$10.95 for members and \$12.95 for non-members. Membership pays! For more information, call 6-6460.

Senior leadership bans Lawton establishment

The 82nd Training Wing commander has banned Sheppard personnel from entering the Gold Dragon Lounge, also called Dragon's West, located at 9800 NW Old Cache. Effective immediately, all military members will cease from attending the Gold Dragon Lounge. Per AFI 31-213, anyone who fails to adhere to this order may be subject to action under the UCMJ.

Incentive to carry on

Program rewards airmen with incentive flight for re-enlisting

By 2nd Lt. Nathan Broshear

Base public communication

Four Sheppard airmen took a ride on a KC-135 Stratotanker July 17 as part of the "Re-enlistment Incentive Flight" program.

Staff Sgt. William Acevedo, a nutritional medicine instructor with the 382nd Training Squadron, Staff Sgt. Brent Wade, the base personnel reliability program manager, Staff Sgt. Russell Routon, a fuels maintenance instructor, and Senior Airman Larry Frey, a mental health technician, each received the incentive flight at Altus Air Force Base, Okla., as part of their re-enlistments.

During the flight, the Altus crew delivered fuel to a C-17 Globemaster II while cruising over Colorado.

Lying down on a padded "bed," each airman was able to watch as the boom operator and a trainee delivered fuel to the other aircraft.

"What an amazing view," Sergeant Acevedo said.

"That was an incredible experience," Airman Frey added. "You've never seen two planes so close to each other in mid-air."

For Sergeant Routon, the three-hour ride took 11 years to materialize.

"This is my first time on an Air Force aircraft," he said. "I work on the installed fuel systems that deliver fuel to the aircraft, but this was the first time I've ever seen fuel actually delivered in the air."

Sergeant Wade said watching the mission run smoothly was an added bonus.

"As the crew worked together I saw how officers and enlisted aircrew work together, hand-in-hand to get the mission done," he said. "It makes you realize that everything we do in the Air Force is a team effort."

The crew of the tanker made sure every airman got a full explanation of the



Photo by 2nd Lt. Nathan Broshear

Staff Sgt. Brent Wade watches an air-to-air refueling operation aboard a KC-135 Stratotanker during an incentive ride July 17. Sergeant Wade was one of four Sheppard airmen who traveled to Altus Air Force Base, Okla., for a three-hour ride over Colorado to refuel a C-17 Globemaster II aircraft.

mission.

"The crew were all top-notch professionals," Sergeant Wade said. "There's a lot more to flying a refueling mission than meets the eye — I would recommend this trip for anyone on active duty."

Master Sgt. James Burns, Sheppard's career assistance advisor, manages the re-enlistment incentive flight program through an arrangement with Altus.

"We're very lucky to have such a partnership with Altus. They're committed to flying us about once a month, so there are plenty of opportunities to recognize

our staff," he said.

Sergeant Burns says the program has no cost for government or active duty members, except for a \$2 box lunch served during the flight.

"It's a bargain. You'd be surprised what the flight kitchen packs," Sergeant Burns said. "You get a soda, juice, desert, muffin, cookie, sandwich, chips, gum, fruit, pasta, and condiments—it's huge! I've never seen anyone finish everything included."

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Team Sheppard Training 2003



82nd Training Wing: 40,279 students trained to replenish America's combat capability

80th Flying Training Wing: 103 combat pilots trained for the NATO Alliance





Courtesy photo

Brig. Gen. Arthur J. Rooney, 82nd Training Wing commander, presents Tech. Sgt. Jason Foster, an instructor supervisor for the physical medicine apprentice course, the 2002 Col. Gary Wasem Physical Medicine Team of the Year award. This was the first time the award has been given out.

Action Line 6-2000, action.line@sheppard.af.mil

The 82nd Training Wing's Action Line is your direct line to me for any concerns and suggestions you have.

I am personally involved in every reply, and I am committed to making Sheppard Air Force Base a better place to live, work and play.

Before you call the Action Line, however, I ask that you give your chain of command or other base agencies an opportunity to work your concerns. If you still do not receive a satisfactory response, call me at 6-2000, or send an e-mail to

action.line@sheppard.af.mil. Please include your name and telephone number.

Those concerns with a wide impact at Sheppard may be published in *The Sheppard Senator*.

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Commentary: Rising Sophomores more than just another ROTC program for one cadet

By Cadet Corrine Young

Rising Sophomores Summer Program

Air Force ROTC is channel to reach the goal of being commissioned as an officer in the U.S. Air Force. I have participated in this program for one year.

Along with many other opportunities, it has afforded me the chance to come to Sheppard for six weeks to take part in the Rising Sophomores Summer Program. I believe that AFROTC is a very good preparatory tool for an Air Force career, but it does not always give you the full spectrum of the functioning Air Force.

It turns out that there real-

ly are careers other than pilot, navigator and AFROTC instructor. Who knew?

Sheppard, being an Air Education and Training Command base, has also given me valuable insight on the process of training new enlisted personnel, melting away any misconceptions.

Students in tech school at Sheppard are the future of the Air Force and the power that will push the limits and break out of the old paradigms to allow new advancements and a continued upholding of our core competencies.

RSSP has been the enlightening factor in this and other aspects of the Air Force. I have had the oppor-

tunity to shadow officers and enlisted personnel, obtaining many varied opinions of how an officer should behave.

All of these tidbits are forming an ideal in my mind of the kind of officer I aspire to be, a goal I would not have been able to accurately set while sitting in my aerospace studies class at college. RSSP has provided that "real life" edge that is hard to demonstrate in the classroom.

Nowhere else would I have had the chance to talk to so many interesting people that are putting into practice the very same values and techniques that I have been learning about in school. Now I can realize the purpose and importance of all

the lectures, drill and discipline I have received at my ROTC detachment and know how to better apply what they are giving to me.

It's nice to have a little perspective.

The Air Force I have witnessed here is amazing. There are bumps along the road every day, but the work always seems to get done. I have been able to see the tiniest inner workings of this base, which has helped me in another way.

I have yet to decide what specialty I would like to pursue in the Air Force. From what I have seen at Sheppard, I realize that every job is incredibly important in making the base and the entire Air Force function. I

have seen that you can be successful in any job you receive with hard work, determination and a positive attitude.

It's true that whatever you do, you will learn to do it well through instruction and making mistakes. You have to take risks in order to accomplish great things.

My overall impression of Sheppard is excellent. Everyone I have met has been truly helpful and intriguing. I have met many dynamic people and true leaders who I will always remember for all that they have shown me.

I can only aspire to emulate their traits not only back at my ROTC detachment, but also as I pursue a career in the Air Force.



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82nd Training Wing commander

Brig. Gen. Arthur Rooney Jr.

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Air Force reunites family members

By Airman Jacques Lickteig

Base public communication

A father and daughter were reunited at the south fitness center July 9 after eight years of separation.

Tech. Sgt. Troy Hamberg, an aerospace ground equipment manager at the 82nd Training Group, and Airman Melissa Hamberg, a student at the 363rd Training Squadron, last saw each other in 1995 and lost contact afterward.

Airman Hamberg said when she found out she was coming to Sheppard, her mom told her that her dad was stationed here. She knew he was here, but she didn't know where to find him.

She said she was at the south fitness center working out, and she saw him in the mirror. She recognized him from pictures, and she walked up to him to say hello.

"I was happy I found him," she said.

"When she came up to me, I was

floored. I couldn't believe she was standing in front of me after all these years, and my eyes started to tear up," Sergeant Hamberg said.

"I have so many memories of her. Now I have the chance to make more," he said.

Since they've reunited, they've spent some time together to catch up. Airman Hamberg has been to her father's house to eat dinner and meet her little brother and sister.

"We get a lot of support from my commander, her military training leaders and her commander to be able to spend time together," Sergeant Hamberg said.

Sergeant Hamberg will leave for the Noncommissioned Officers Academy Saturday, but he plans to be back before his daughter graduates so they can spend a little more time together.

He also plans to bring family members she hasn't seen since 1995 to her graduation.



Photo by Airman Jacques Lickteig

Airman Melissa Hamberg, a student at the 363rd Training Squadron, and Tech. Sgt. Troy Hamberg, an aerospace ground equipment manager at the 82nd Training Group, pose for a photo together. They reunited after losing contact with each other for eight years.

Accomplished author speaks at Lunch and Learn

By Cadets Sarah Mostellar, Corinne Young, Edwin Lee

Rising Sophomore Summer Program

Time management was the topic during the July 16 Lunch and Learn at the officers club.

Guest speaker Ms. Liz Miller, a local real estate agent and accomplished author, inspired Sheppard members of all rates.

A former elementary school

teacher, Ms. Miller is also a "street-smart" businesswoman who speaks nationally on the subject of time management.

She has appeared on Phil Donahue and CNN, is the founder of Woman Time-Management seminars and the author of "I Just Need More Time."

Although her credentials are impressive, they aren't her top priority.

"The thing I am proudest of

is being a wife and mother," she said.

One message that endured throughout the lecture was the importance of peace at home. Ms. Miller said that by taking control of the little things in your surroundings, one could feel much more at ease.

"By taking control of your life, you will have more minutes that are joyful than are not," she said.

Ms. Miller also believes that with technological advances and expanded freedom of opportunity, we have actually created more stress for ourselves.

Therefore, she offered suggestions for overcoming the chaos and disorder in our lives.

Goal setting is the primary step in time management, she said. Not only should one think about goals, but also goals should be written out and reviewed on a daily basis.

Those who practice this habit are guaranteed more successful and productive lives, she said. In order to make this permanent, she said that one must diligently practice writing out goals for 21 consecutive days. Also, keep

in mind the importance of small, spontaneous goals or "cheap thrills," as Ms. Miller refers to them.

Ms. Miller also offered these practical ideas during the luncheon: Maintain a balanced lifestyle. Don't be all work and no play. Life at home is just as important as the work place.

Use a daily planner. It's very important as it helps prioritize goals.

"Work smart, not hard," Ms. Miller said.

Write ten things you want to accomplish in your planner every day for at least 21 days.

Cultivate positive friends. Positive energy gets more accomplished than negative energy. Avoid negative thinking and negative people. Also, get rid of guilt trips.

Learn to say "No!" If preoccupied with a task when preoccupied, say, "I'm sorry, that does not fit into my time schedule (except when speaking to the general)." Also, do not let the telephone control your afternoons.

Delegate responsibilities. In office and home, use the help of others to complete daily tasks.

"The more you teach a child to do for themselves, the more self-esteem they have," Ms. Miller said.

Find peace at home. The home should be a daily refueling station.

"If you don't have that refueling station at the end of your day, you'll get no production at work," Ms. Miller said.

Concluding the Lunch and Learn session, Ms. Miller reinforced how important it is to take a proactive stance in making our lives and everything around us better.

"We only get one chance to get through life the best way possible...and you're the driver" she said.

Brig. Gen. Arthur Rooney, 82nd Training Wing commander, ended the luncheon by presenting Ms. Miller with the Sheppard coin and stating that the session was "on target...something we can use each and every day."

In appreciation for Ms. Miller's information, 82nd Training Wing Commander Brig. Gen. Arthur Rooney Jr. told all who were present to keep up with daily goal setting for the next 21 days.



Photo by 2nd Lt. Ellen Harr

Ms. Liz Miller, accomplished author, speaks at the Lunch and Learn.



Photo by Ms. Nancy Swearingin

Folding the flag

Navy Junior ROTC cadets from La Vega High School in Waco, Texas, fold the flag in a retreat ceremony at Lake Texoma. The cadets visit Lake Texoma once a year to practice close-order drills, promote team bonding and rest and relax before school starts.

Airmen may be able to carry over 'use or lose' leave

AIR FORCE PERSONNEL CENTER -- Active-duty air men who were unable to take annual leave this past year because they were supporting contingency operations will be allowed to accumulate more than the normal 60 days after the fiscal year ends.

Air National Guard and Air Force Reserve members who performed full-time training or other full-time duty for more than 29 days are also eligible for this special leave accrual.

Those affected can retain up to 90 days of leave until the end of fiscal 2004, according to personnel officials.

"This program is meant to enable people to take leave they've earned," said Master Sgt. Don Taylor, superintendent, Customer Support Operations here at the Air Force Personnel Center. "In order for the program to work as planned though, those affected need to take not only the leave they are carrying over now, but also the leave they will earn during the next fiscal year or they may lose leave next year."

Those who meet the criteria for having excess leave should apply for special leave accrual through their command channels. For more information, contact Customer Service at your local military personnel flight. (Courtesy of AFPC News).

Civil Air Patrol squadron serves local community

By 2nd Lt Ellen Harr

Base public communication

The Rio Del Fierro Composite Squadron of the Texas Wing of Civil Air Patrol is currently looking for Emergency Locator Transmitters and new members.

The CAP is the civilian auxiliary of the Air Force. It's a civilian organization with a structure based on the military.

CAP began in 1946 when Congress charged the group with three missions: aerospace education, cadet programs and emergency services.

The Rio Del Fierro Squadron fulfills these missions through cadet and educational activities, involvement in Sheppard's recent Centennial of Flight Celebration, low-level surveys and search and rescue operations. Recently, five members of the local squadron helped in the search for Columbia shuttle debris.

The squadron also conducts searches for ELTs and trains its cadets and senior members in proper procedures for search and rescue operations.

CAP Cadet Tech. Sgt. Donald Mabey joined CAP about three years ago. During his time as a cadet, he has started to earn his private pilot's license and participated in many CAP activities.

"Last year I went to a search and rescue exercise down in Waco, Texas. We did ELT searches and a downed plane exercise," Cadet Mabey said.

Cadet Mabey said the opportunities afforded to him by CAP keep him involved in the group.

"I joined because I heard that you can fly for free basically, and I love to fly airplanes. What keeps me coming back is the search and rescue activities and

flying. It's a lot of fun," he said.

Cadet Mabey also emphasized the unique opportunities CAP offers cadets.

"If you love to fly. If you love to get out, get dirty and search for planes or practice ELTs...Boy Scouts don't do that," he said.

CAP Maj. Jack Koby began as a cadet in 1982. He is now a senior member of CAP and a reservist with Sheppard's Security Forces Squadron. Major Koby said he has been able to stay involved with CAP throughout his career.

"I stick with it mostly for the cadets and the camaraderie. Everywhere I've been, there's a squadron and a nice, close-knit group," he said. "We all work together. It's the camaraderie, the chance to fly and save lives."

Children may join the CAP as cadets at age 11, if they've enrolled in the sixth grade, and can remain cadets until age 21. Cadets participate primarily in ground search and rescue missions.

They also have the opportunity to participate in orientation flights, earn scholarships for flight instruction and certification and build leadership skills.

Senior members of the CAP participate in both ground and air emergency missions. They also help mentor the cadets and participate in the aerospace education mission.

Other than the senior Air Force advisor, who is an active-duty colonel, members of CAP are volunteers who don't have any military service obligations or privileges through their CAP membership.

For more information about the CAP, please contact CAP Maj. Larry Gunnell at 761-1682 or e-mail EYEDOC7006@aol.com.



Photo by 2nd Lt. Ellen Harr

Civil Air Patrol cadets conduct a practice Emergency Locator Transmitters search at Kickapoo Airport. The Rio del Fierro Composite Squadron is called upon to conduct real-life ELT searches about every three months.

Briefs

Vehicle stickers now available

Stickers for vehicle registration are now available in Bldg. 402, room 214. Permanent party members with temporary passes to gain access to the base must bring in the temporary pass to get a new sticker. For more information, call 6-4135.

Ski trip planned for January

Skiers wanting to hit the white snow of Keystone, Colo., have until Aug. 8 to reserve a spot.

The five day, four night excursion will be from Jan. 15-19 near the White River National Forest. The package includes one, two or three bedroom condominiums with a fireplace.

Guests will have lift tickets and ski rentals for two days.

Prices vary according to the number of people and the size of the room. The price includes round trip air fare from Oklahoma City.

A \$150 per person deposit is due by Aug. 8 to reserve a spot. Space is limited.

Also, the trip must be paid in full no later than Nov. 7.

For more information, contact ITT at 6-7014, 6-7018 or 6-7019.

FEMA hiring retired military and federal employees

The Federal Emergency Management Agency is looking to hire retired or soon-to-be retiring military and federal employees for disaster assistance.

The agency is recruiting contract specialists who would become part of the national acquisitions cadre. These individuals would be on-call and would be used on an intermittent basis to provide acquisition support during presidentially declared disasters.

The specialists would be responsible for procuring and closing contracts. Applicants should be able to solicit, evaluate, negotiate, administer and award contracts.

For more information about the position, visit the FEMA Web site at

www.fema.gov/about/dae.shtm. Applicants may also send resumes or a federal application to Louise Noyes, FEMA, Bldg. 729, P.O. Box 129, Berryville, Va., 22611, or fax it to (930) 323-2810.

Pharmacy closed for training

The base pharmacy will be closed for three hours the first Wednesday of every month starting in September.

To ensure pharmacy staff are able to participate in hospital wide medical readiness training, the pharmacy will close from 1:30 to 4:30 p.m.

The pharmacy staff asks that base and retiree beneficiaries plan accordingly to pickup medications prior to 1:30 p.m.

Communications FAQ page available

The 82nd Communications Squadron Frequently Asked Questions page is now available on the Sheppard portal.

The page answers questions regarding computers, tele-

phones, and policies and procedures.

It is designed to serve as the first stop for all communications-related questions and reduce repetitive/misrouted telephone calls to the help desk. Just click on the blue question mark.

Registration underway for Embry Riddle

Registration for the next term at Embry Riddle Aeronautical University is currently underway.

Students have until Aug. 8 to sign up for fall classes. The term will last from Aug. 11 to Oct. 10.

Persons interested in taking classes can stop by room 318 in Bldg. 402 and pick up an application, call 851-6458 or visit their Web site at www.embryriddle.edu for information.

Center staff will be on hand to answer any questions regarding previously earned credit hours or credit for military training.

Office hours are 8:30 a.m. to 5:30 p.m. Monday through Friday.

INCENTIVE

Continued from Page 1

For Sergeant Burns, helping to recognize Team Sheppard troops of all ranks is an honor, but getting young enlisted members into the cockpit has a deeper meaning.

"Very few enlisted members get the opportunity to see the end result of their job," he said. "With this program, someone who normally flies a desk can see what all the hard work adds up to — aircraft safely in the air."

Government transportation to Altus is provided with Sergeant Burns personally escorting each group of flyers.

To nominate an exceptional airman who has recently reenlisted, contact Master Sgt. James Burns at 6-7797.

To write or suggest stories, e-mail ideas to sheppardsenator@sheppard.af.mil or call 6-7244.

Student Activities

Happenings in the Sheppard community

Student center events

Every Monday, 6-8 p.m. - jam session, bring your own instrument/equipment, free.

Every Tuesday, 5-9 p.m. - Video Night in the pub, free.

Every Wednesday, 6-9 p.m. - Free Pool Tournament.

Every Thursday, 7-9 p.m. - Karaoke Night, free.

Every Friday and Saturday, 7 p.m. to 1 a.m. Club BDU dance, \$3 per person.

Every Sunday, 3-5 p.m. - billiards tournament in the ballroom, \$2 per person.

Hours of Operation

Monday-Thursday: 10:30 a.m. to 10 p.m. Friday and Saturday: 10:30 a.m. to 1 a.m. Sunday: Noon to 10 p.m. Holidays: Noon to 8 p.m.

Red River Café Hours of Operation

Wednesday and Thursday: 4:30-10 p.m.

Friday and Saturday: 11 a.m. to 11:30 p.m.

Sunday and Holidays: Noon to 9 p.m.

Talent show contest to come to center

The center will hold a talent show contest Today from 7 p.m. to 9 p.m. For more information, call 6-7659.

Center to host art contest

The center will hold an art contest Saturday from 7 p.m. to 9 p.m. This is a chance for students to showcase their talents in music, theater, rap, musical instruments and poetry. Call 6-7659 for more information.

Center to host Woodstock at Club BDU

The center is scheduled to host Woodstock Aug. 13 from 7 p.m. to 1 a.m. Cost is \$4 per person. For more information, call 6-7659.

Chapel events

Sheppard chapels offer a variety of programs for student enrichment:

Saturday

All students are invited to the "Solid Rock Cafe" held each Saturday at the south chapel. Dinner is served at 5 p.m., and a variety of scheduled activities take place from 3-9 p.m.

Sunday

Students are invited to the north chapel at 5 p.m. on Sundays for Bible study, an informal get-together with refreshments and student-led music, ending with athletic activities at the north fitness center.

Community center

events

Free table tennis classes offered

Free classes are held every Monday and Friday. Professional tournament instructors are available. For more information, call 6-3866.

Pool tournament

Pool tournaments are held every Saturday at 2 p.m. The fee is \$2 per person. There will be first- and second-place trophies. Call 6-3866 for more information.

Free video night

The community center has a free video night every night beginning at 5 p.m. on the big screen TV in the lounge on the second floor. People can watch a movie of their choice from a wide selection. For more information, call 6-3866.

Other events

Dining facilities celebrate birthdays with dinner

Students who are having a birthday this month and are on subsistence in kind are invited to celebrate their birthdays on the Friday of their choice for dinner. Contact the cashier to pick up a birthday card registration form. Students can contact the dining facility manager/supervisor, or call 6-2080 for more information.



Photo by Airman Jacque Lickteig

Clinical studies

Airman 1st Class Courtney Ferebee, a student at the 82nd Medical Support Squadron, tests a urine sample for bacteria.

Legal office warns airmen to know businesses

If you are in the market for a major purchase, such as a new car or truck, it's strongly recommended that you check out the potential seller.

Most local businesses, including car dealerships, are listed with the Better Business Bureau of Wichita Falls.

The local BBB can be reached by phone at 691-1172 or online at www.wichitafalls.bbb.org. With the phone service, you can speak with a BBB agent personally, or you can choose a fully automated report if you have the phone number of the company you wish to check out.

Whether online, automated, or in person, these BBB services can provide useful information about businesses and how they treat customers both before and after the sale.

And for students, another good option is to speak with someone who has been in the local area longer than you have, such as a first sergeant or military training leader. They generally do not have as much information as the BBB, but a permanent party member will know more than fellow nonprior-service students about local businesses and their reputations.

A smart consumer takes advantage of the resources easily and readily available to them, like the BBB. Be a smart consumer and know the seller before making a purchase; it is better to hear about complaints than to have to file them. (Courtesy of the base legal office.)

For movie show times and general activities at Services facilities, see Sheppard Scenes on Page 16.



Photo provided by 362nd Training Squadron

Pick of the litter

Lt. Col. Nancy Kunkel, commander of the 362nd Training Squadron, accepts the annual Texas Department of Transportation "Litter Gitter Superstar" award from Ms. Rachel Brown, the Wichita Falls District Adopt-a-Highway coordinator. Members of the squadron, pictured, exceeded terms of the adoption by cleaning their section monthly.

**Don't drink and drive.
Call Airmen Against
Drunk Driving
at 6-AADD.**

Program helps Marines transition into civilian life smoothly

Story by Cpl. Jason Miller

Marine Corps News

MARINE CORPS BASE HAWAII, KANEOHE BAY, Hawaii — In an effort to provide active duty Marines an easier transition back into the civilian world beyond their term of service, the Marine for Life Program extends its helping hand.

Members of the Marine for Life transitioning Marine outreach team visited MCB Hawaii, Kaneohe Bay recently to speak with career planners, transitional recruiters, retention specialists and key commanders to spread the word of the program to Hawaii's Marines.

When a Marine prepares to exit the military, finding a decent job or the right place to move can be a daunting task. The Marine for Life Program utilizes Marine reservists as hometown contacts to help ease the transition for the Marine by providing a contact in the specific area who possesses an understanding of job opportuni-

ties, living conditions and other pertinent information that will help the Marine make an easier move.

Hometown contacts range in rank from staff sergeant to lieutenant colonel and are expected to network with local employers and study the local job market so they can provide valuable assistance to the transitioning Marines in their respective areas.

"The challenging part of getting out of the Marines today is finding a job," said Capt. Shannon Frison, Marine for Life transitioning Marine outreach coordinator. "We've had some very positive results in just our first couple of years.

"We started out with contacts in six sites across the United States. Today, we have 72 across the country. That number will grow even more next year, as more and more Marines are taking advantage of this program."

Any active duty Marine is allowed and encouraged to make use of the program when



nearing the end of active service. No specific rules apply to how long before EAS a Marine should wait before starting a working relationship with a hometown contact. Signing up for the program is as easy as visiting the program's Web site.

For more information, go to www.MarineForLife.com or visit your unit's career planner for more specific details.

New Army system to make personnel actions easier

WASHINGTON — The Army's new electronic military personnel office, eMILPO, will improve basic personnel actions and save soldiers' time, officials said, when it goes online Aug. 1.

The system is the next major step for Army personnel transformation, according to officials at the U.S. Army Personnel Command in Alexandria, Va.

First there were morning reports prepared by first sergeants. Soldiers in line to get paid were common practice in the Army in the 1980s.

Then came several versions of the Standard Installation Division Personnel System, known as SIDPERS. Permanent change-of-station departure and arrival transactions are exam-

ples how SIDPERS "tracks" soldiers today.

The new eMILPO is a web-based system and will require little training, officials said.

The eMILPO system, however, is an interim step toward a much larger, multi-service, integrated personnel and pay management system called DIMHRS, officials said. They said the Defense Integrated Military Human Resources System will be driven primarily by a pure Internet commercial-off-the-shelf software.

The Army will be the first service to implement DIMHRS when it comes on line next year, PERSCOM officials said.

(Courtesy Amry Service News.)

101 Critical days of **Summer** V-A-C-A-T-I-O-N Preparation

By Master Sgt. Steve Sinatra

Base safety office

As my wife and I prepared for our first real vacation in approximately five years, I wasn't quite sure how we should get ready for our pilgrimage to the Rock and Roll Hall of Fame in Cleveland.

Sure, I have some family there and would stay with them upon arrival, but what about the 1,200-mile drive up there?

Here's a list of steps I used and encourage you to use if you're going to drive a considerable distance:

1) Use a map program that will give you approximate distance and the most favorable route.

2) Select the route based on your needs. Also, choose a good stopping point for where you will rest overnight. Look for special military rates for hotels approximately one week prior to departure.

3) Pack your car smartly. Take only what you need and ensure your vision is not obscured by luggage, coolers or any other items. Don't forget that bathing suit.

4) Ensure you have sunglasses handy. These can be your best friend against the sun's glare while behind the wheel.

5) Don't be in such a hurry to get to your destination. You're on vacation; take in some sights along the way. It will make for great conversation and memories.

6) Take frequent breaks to stretch, fill up the gas tank or eat.

7) Pay attention to the road. It's really easy to become distracted by the "World's Biggest Ball of Yarn" or "Outlet Mall This Way" signs.

8) For your own sake, don't drink and drive.

It's difficult to cover all of the bases for traveling, but planning and risk management are the keys to a safe, mishap-free vacation.

To place an ad in *The Sheppard Senator*, call 761-5151.

Officials warn of heat stress

By Airman 1st Class Susan Stout

56th Fighter Wing Public Affairs

LUKE AIR FORCE BASE, Ariz. — As temperatures heat up across the country, heat stress is a concern that requires notice.

Early signs of heat stress include dizziness, headache, dry mouth, unsteady walk, weakness and muscle cramps.

"If you experience these symptoms, you should remove yourself from the activity, rest in the shade and take sips of water," said Lt. Col. Allen Naugle, 56th Aerospace Medical Squadron Bioenvironmental Engineering Flight commander. "If signs or symptoms do not improve in 15 to 30 minutes, get to a medical facility. If signs or symptoms worsen, call for an ambulance."

Later signs and symptoms of heat stress include a hot body with a high temperature, confusion, unresponsiveness, coma, vomiting, involuntary bowel movements, convulsions or weak or rapid pulse.

"Call an ambulance for immediate transport to the hospital if you experience these symptoms," Colonel Naugle said. "Lay down in the shade with feet elevated until the ambulance arrives and take sips of water. If skin is hot to touch, begin active cooling — pour cool water over the body and undress as much as possible."

Colonel Naugle said adequate water intake is essential to replace water lost through sweating, respiration and elimination.

"Encourage personnel to begin hydrating several days before a lengthy or high performance exposure to hot conditions to ensure adequate hydration beforehand," he said. "Advise personnel to begin water consumption at the recommended rate up to two hours before starting the activity, when possible."

Drinking small amounts of water frequently is better than drinking larger amounts less frequently, the colonel said.

"When the activity is complete, fluid replacement should continue for approximately two

hours," he said.

On the other hand, drinking too much water can also have its disadvantages.

"Inform personnel not to exceed an hourly fluid intake of one and half quarts or total daily fluid intake of 12 quarts," he said. "Rapid ingestion of large amounts of water, greater than one and a half quarts per hour, may lead to hyponatremia, or acute water intoxication. This is a life-threatening condition that may lead to weakness, loss of consciousness and

death, if not recognized and treated promptly."

He also recommends people wear protective clothing and sunscreen.

"Use sunscreen and wear lightweight clothing, hats and sunglasses if the mission allows," he said. "Eat a balanced diet, stay in good physical condition and take sufficient breaks in the shade. Most importantly, make sure you drink enough water."

(Courtesy AETC News service.)

Maintainers in AETC to move to wireless system by 2007

By 2nd Lt. Angela Jimdar

Air Education and Training Command Public Affairs

RANDOLPH AIR FORCE BASE, Texas — Randolph Air Force base maintainers will be the first in Air Education and Training Command to use wireless technology to reduce the time it takes to fix aircraft.

Called Point of Maintenance, or POMX, the wireless local area network will allow technicians to use the computer-based maintenance information system without leaving their work area when POMX becomes fully operational here in late August.

AETC is the first command to permanently use the POMX template and determine how it will be fielded across the Air Force, according to officials here.

Randolph started implementing POMX during a test period from October 2002 to April. The 12th Logistics Group is now working to complete full installa-

tion in Randolph's hangars and maintenance areas.

POMX is the first step toward becoming more interactive in reducing the maintenance time required to generate sorties.

"The implementation will ultimately get us to the point where we reduce the time required to recover airplanes, repair them and return them to service," said Col. Steve Cooper, 12th LG commander.

The technology will allow maintainers to input and access data wherever they are working.

"In a nutshell, what POMX does is bring technology to the point of use specifically for aircraft maintenance," said Tod Clement, AETC POMX project manager. "For example, an advantage of POMX is the ability to load maintenance data on the flightline by inputting data there instead of packing everything up and taking documentation back to the flight room. With this new ability, technicians will have the

edge they need in order to distribute information to the widest potential (audience)."

Using laptops with access to wireless LAN terminals located throughout the flightline maintenance area, maintainers use laptops to remain connected to computer servers no matter where their work takes them.

"The wireless local area network laptop is convenient and saves time," said Rick Peyton, an avionics technician. "With POMX at technicians' fingertips, it will cut transit time in half, thus saving the Air Force money. This might not sound like a lot, but when you add up the time of 139 maintenance technicians, it is a lot."

As with any new system, there are growing pains to overcome, such as slow log-on times and the short battery life of the laptops.

"If we are going to be more reliable and interactive in information technology, then we need to figure that out," Colonel Cooper said, "(because) immediate

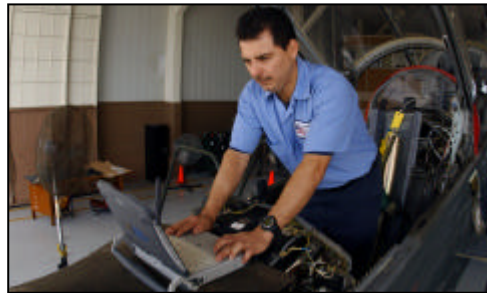


Photo by Mr. David Terry

Sitting in a T-38 inside an aircraft maintenance hangar at Randolph Air Force Base, Texas, Donald Pena, an aircraft mechanic in the 12th Aircraft Maintenance Organization, uses a laptop computer to access data from the maintenance information system via a new wireless local area network.

improvement and the ability to input data is a big deal in maintenance."

According to Mr. Clement, the cost to implement POMX throughout AETC will be about \$66 million over the next several years. All AETC maintenance

operations will be POMX capable by fiscal year 2007.

"AETC POMX is a first step in moving the Air Force toward an integrated vision," he said. "Successful implementation here will pave the way for Air Force-wide adoption."



Photo by Senior Airman Sabrina Moscote

F.A.T.

Col. Ralph Jodice, 80th Flying Training Wing commander, presents a Focus, Attitude and Teamwork Award to Senior Airman Jillian Weinman, 80th Operations Support Squadron. Airman Weinman warned tower controllers to evacuate the building during a severe thunderstorm, ultimately averting possible injuries to them.

Achievers

Lance P. Sijan Award winner

The 360th Training Squadron congratulates Master Sgt. Jeffrey Culbertson for being selected as the Lance P. Sijan Award winner for the senior noncommissioned officer category.

982nd TRG second-quarter Quarterly Award winners Senior Noncommissioned Officer Instructor of the Quarter

Master Sgt. Ronald Corrado, 372nd Training Squadron, Det 14A, Eielson Air Force Base, Alaska.

Noncommissioned Officer Instructor of the Quarter

Tech. Sgt. Robert Haun, 372nd TRS, Det 14A, Eielson

Air Force Base.

Detachment Commander of the Quarter

Capt. Eric Nimke, 373rd Training Squadron, Det 7, Hurlburt Field, Fla.

Detachment Chief of the Quarter

Master Sgt. Randy Dorris, 372nd TRS, Det 11, Davis-Monthan Air Force Base, Ariz.

Detachment of the Quarter

Det 7, Hurlburt Field, Fla.

Junior Military Training Leader of the Quarter

Staff Sgt. Gina Gray, 372nd TRS, Det 12, Luke Air Force Base, Ariz.

**Summer is here.
Call the Heat Stress Hotline at 6-HOT-1 for Wet Bulb Globe Temperature updates.**

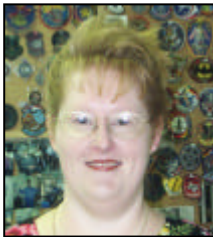
What's inside the sphere on top of the base flagpole?



"I'm not sure, maybe an eagle?" ~ Airman Mark Morgan 360th Training Squadron



"A gold bullet, razor blade and a match," 2nd Lt. Nick Giblio, 80th Operations Support Squadron



"A bullet and a match," Ms. Sharon Clark, enlisted club barbershop



"An errant golf shot by the wing commander - a Noodle One golf ball." Chaplain (Col.) Gregory Custer, wing chaplain

Look for the answer in next week's *Sheppard Senator*.

Sheppard Spotlight: 15 lines of fame

1. **Name:** Tracy Redlich
2. **Rank:** Airman
3. **Organization and position:** Medical technician at the 82nd Medical Operations Squadron Family Practice Clinic.
4. **Hometown:** Peachtree City, Ga.
5. **Married or Single (include your family if you'd like):** Single
6. **Hobbies/Favorite thing(s) to do in your free time:** Spend time with my friends and find new things to do in Wichita Falls.
7. **Funniest childhood memory:** Acting out cheesy plays for my grandparents whenever they would visit.
8. **Why did you join the Air Force?** I joined to do something that has meaning.
9. **Why do you stay in the Air Force?** I am constantly learning and I love that!
10. **Date Arrived at Sheppard:** June 7, 2002
11. **Most rewarding aspect of your job:** To see a patient leave the hospital feeling better.
12. **Favorite book or movie:** Charlie's Angels.
13. **What is your dream vacation?** Riding horses on a beautiful beach.
14. **If you could be anyone for one day, who would you be?** Drew Barrymore.
15. **Most prized possession:** My family.



Airman Tracy Redlich

Got a story
idea?
Tell us
about it.
Submit
your
stories
and
ideas to
sheppard
senator@
sheppard.
af.mil.

General activities

Ceramics shop open for summer hours

The ceramics shop is open for summer hours. All the materials needed to start creative projects are available.

More than 2,500 craft projects are available for free lessons with a variety of paints, glazes and supplies. The ceramics shop is located in Bldg. 832, the Health and Wellness Center building.

Summer hours of operation are Wednesday-Friday from 11 a.m. to 8 p.m., Saturday from 10 a.m. to 5 p.m., and Sunday from noon to 5 p.m. For more information, call 855-0118.

Club activities

Officers club has daily lunch specials

The officers club has daily lunch specials Monday through Friday. Cost is \$5.95 for members and \$7.95 for non-members. Membership pays!

On Mondays, they serve a country lunch. Tuesday is Italian. Wednesday is Texas style. Thursday is Mexican, and Friday is seafood. Call the officers club at 6-6460 for more information.

Enlisted club offers darts, cards, dominoes

The enlisted club offers a variety of activities every day. Darts, cards, dominoes and pool are available every day. Also, a video game system is available every night to play in the sports bar. For more information, call 6-2083.

Enlisted club to host Big Gong Show

The enlisted club is scheduled to host a Big Gong Show Saturday. The Big Gong Show is a singing contest with three judges who sound the gong if they are not happy with the singing. For more information, call 6-2083.

Enlisted club to hold membership night

The enlisted club will hold a membership night Wednesday from 5:30 p.m. to 8 p.m. For more information, call 6-2083.

Lake Texoma to host boat race

Lake Texoma is scheduled to host a boat race Aug. 2 beginning at 1:30 p.m. Call (903)-523-4613 for more information.

Officers club to host family night

The officers club will host a family night Aug. 7 from 5:30 p.m. to 8:30 p.m. There will be an all-you-can-eat buffet and games and prizes afterward. Cost is \$5.95 for members, \$8.95 for nonmembers, \$2.95 for children ages 6 to 12, free for children age 5 and under. For more information, call 6-6460.

Officers club to host two-for-one sirloin night

The officers club will host a two-for-one sirloin night Aug. 8 for members only from 5:30 p.m. to 8:30 p.m. Price is \$9.95. Call 6-6460 for more information.

Enlisted club to hold Latin night

The enlisted club is scheduled to hold a Latin night Aug. 9 from 9 p.m. to 1 a.m. Call 6-2083 for more information.

Enlisted club to host boss, buddy night

The enlisted club is scheduled to host a boss and buddy night Aug. 13 from 4:30 p.m. to 6:30 p.m. For more information, call 6-2083.

Officers club to serve Mongolian barbecue

The officers club is scheduled to serve Mongolian barbecue Aug. 14 from 5:30 p.m. to 8 p.m. All ranks are welcome. Cost is \$4.50 per ounce for beef, chicken or pork. Call 6-6460 for more information.

Upcoming trips, show ITT planning upcoming trips in August

ITT offers tickets and tours to local and surrounding attractions. Call 6-6210 for more information about any of these trips.

Aug. 2 – JFK Museum, West End and Medieval Times dinner show. Cost is \$70 per person. Register by Monday. Trip includes transportation, admission to JFK Museum at Dealy Plaza in historic downtown Dallas and dinner show at Medieval Times.

At the Flicks

Friday 6:30 p.m.

Wrong Turn

Friday 9 p.m.

Hollywood Homicide

Saturday 2 p.m.

Rugrats Gone Wild

Saturday 4:30 p.m.

Wrong Turn

Saturday 7 p.m.

Hollywood Homicide

Sunday 2 p.m.

Rugrats Gone Wild

Sunday 4:30 p.m.

Hollywood Homicide

Thursday 6:30 p.m.

Hollywood Homicide

This schedule is subject to change without notice.

For movie information, call 6-4427.

Wrong Turn (R) – Eliza Dushku, Desmond Harrington – A turn down a dirt road leads six people into a night of terror where they are hunted by cannibalistic mountain men.

Hollywood Homicide (PG-13)

– Harrison Ford, Josh Hartnett – When an entire hip-hop group is murdered on-stage, LAPD homicide detectives Gavlán and Calden are called in to handle the case.

Rugrats Gone Wild (PG) – Animated– When the vacationing Rugrats and their parents get stranded on a deserted island, Tommy Pickles knows there's only one man who can help them: Nigel Thornberry! Except a bonk on the head has made Nigel suddenly seem more like a 3-year-old than a man. Luckily, the babies have Eliza on their side, and with her ability to communicate with animals, she can even talk to Spike!

Chapel Schedule

Student programs

Tuesday, 11 a.m. and 4:15 p.m., chapel rope meeting, north chapel

Saturday, 4 p.m., Solid Rock Cafe, south chapel

Saturday, 4 p.m., Marriage Group, south chapel

Sunday, 5 p.m., Sunday Evening Gathering, north chapel

Catholic activities

Mass

Saturday, 5 p.m., confessions at 4 p.m., north chapel

Sunday, 9 a.m., north chapel

Sunday, noon, north chapel

Mon.-Fri., 11:30 a.m., north chapel

Reconciliation

Saturday, 4-4:30 p.m., north chapel

Protestant activities

Worship services

Sunday, 10:30 a.m., Inspirational Gospel Service, south chapel

Sunday, 10:30 a.m. Protestant Community Service, north chapel

Sunday, 10:30 a.m. Protestant Holy Communion Service, hospital chapel

Religious education

Sunday, 9 a.m., classes for ages 3 to adult, Bldg. 962

Bible studies

Tuesday, 6 p.m., Protestant Bible Study, south chapel

Thursday, noon, Protestant Bible Study, south chapel

Thursday, 7 p.m., Protestant Women of the Chapel, Bldg. 962

Saturday, 6:30 a.m., Protestant Men of the Chapel, south chapel

Second Saturday of month, 8 a.m., Protestant Men of Chapel breakfast

Lay-led faith groups

Islamic activities, Friday, 1:45 p.m., south chapel

Jewish activities, call Maxine Simpson, House of Jacob Synagogue at 322-4177

Latter Day Saints, Sunday, 2 p.m., hospital chapel

Mystic Grove Pagan Study Group, call 6-4370 for information.

Buddhist activities, call 6-4370.

For more information, call the base chapel at 6-4370

Check out *The Whirlwind* for more projected events.

Centennial of flight:

This week in air and space history

July 25, 1909 – Louis Bleriot becomes the first man to fly across the English Channel.

July 26, 1952 – Two monkeys and two mice are recovered alive and unharmed after being fired to approximately 200,000 feet in an “Arobee” rocket from Holloman Air Force Base, N.M.

July 26 – August 7, 1971 – The fourth lunar landing occurred when Apollo 15 landed on the moon. It was also the first time the Lunar Rover was driven on the moon.

July 27, 1949 – The prototype of the first commercial jet air-

craft, the DeHavilland Comet, was flown in England.

July 27, 1972 – One of the most recognized Air Force aircraft, the F-15 Eagle, takes to the skies in its first test flight.

July 28, 1935 – The B-17 “Flying Fortress” is unveiled as the first successful four-engine American bomber.

July 29, 1958 – Bill P185-568 was signed, creating NASA.

July 30, 1610 – Galileo described his observations of Saturn as most unusual, perhaps a triple planet.

July 30, 2002 – The first successful flight test of a hypersonic scramjet engine in Australia takes place. This air breathing scramjet engine, which burns hydrogen fuel, could theoretically power aircraft at Mach 8.

July 1959 -The commander of

the 3750th Technical Training School personally authorized a study to be conducted on the feasibility of using television as a training device. After completion of the study, ATC authorized the expenditure of more than \$500,000 for the purchase of closed circuit TVs.





Daily Programming

Sheppard Today ~ 6 a.m., noon, 5 p.m.
 Air Force News ~ 6:30 a.m., 12:30 p.m., 5:30 p.m.
 Navy/Marine News ~ 8 a.m., 2 p.m., 7 p.m.
 Army News ~ 8:30 a.m., 2:30 p.m., 7:30 p.m.

Programming runs 24 hours on **TSTV Channel 14**

Check out the detailed schedule at

www.sheppard.af.mil/82trwpa

Today

2 a.m. - Heloise on Life and the Military

7 a.m. - ANG Mission and History

1 p.m. - Leadership Breakfast: *Col. Margaret Beaty on Servanthood*

Saturday

5:30 a.m. - General Hap Arnold

10:30 a.m. - AFEES presents: *Mrs. Marguerite Bruard-Fraser*

3 p.m. - AFEES presents: *Mrs. Yvonne Daley-Brusselmans*

Sunday

10 a.m. - AFEES presents: *Mr. Joseph E. Manos*

1 p.m. - *Colonel Beaty on Servanthood*

4:30 p.m. - AFEES presents: *Mr. Robert Seidel*

Monday

4:30 a.m. - AFEES presents: *Mr. Warren "Bud" Loring*

11:30 a.m. - AFEES presents: *Mr. Edward*

Miller

6 p.m. - AFEES presents: *Mr. Joseph Cagle*

Tuesday

7 a.m. - ANG Mission and History

4 p.m. - Operation Rescue

8 p.m. - Safety Hour: *Consequences of Drinking and Driving*

Wednesday

9 a.m. - Safety Hour: *Safety Cartoon*

9:30 p.m. - General Regni Speaks on Communication

10:30 p.m. - Making of an Air Force Recruiter

Thursday

4:30 a.m. - AFEES presents: *Mr. Loring*

10:30 a.m. - AFEES presents: *Mrs. Bruard-Fraser*

11:30 p.m. - AFEES presents: *Mr. Howard DeMallie*

**For news and information
 from around the Air Force,
 check out www.af.mil.**

**Want to quit
 smoking?
 Check with
 the health
 and
 wellness
 center for
 information
 about
 smoking
 cessation
 classes at
 6-4292.**

Sports Shorts

North lanes to rock, bowl Friday, Saturday nights

A glow-in-the-dark Rock It Bowl takes place every Friday and Saturday night from 5-11 p.m. at the north lanes. For more information, call 6-4806.

Fastlanes Bowling underway at south lanes

Base bowling center customers have the opportunity to participate in a "Scratch 'n Win" game until Aug. 14. Call 6-2170 for more information.

South bowling lanes to host moonlight colorama tournament

The south bowling lanes will host a moonlight colorama tournament Saturday beginning at 7 p.m.

The cost is \$13 per person. For more information, call 6-2170.

South bowling lanes to host no tap tournament

The south bowling lanes will host a no tap tournament Aug. 9 beginning at 7 p.m. Cost is \$13 per person. For more information, call 6-2170.

Skeet range offers skeet lessons

Skeet lessons are available at the trap and skeet range. Beginners to advanced shooters are welcome.

Experienced range attendants are on hand. For more information, call 6-4141.

Spinning classes held at fitness center

The north fitness center holds spinning classes. Classes are held Monday, Tuesday, Wednesday and Thursday at 11:30 a.m. and 4:30 p.m.

For more information, call the north fitness center at 6-6336.

Men's varsity basketball team to hold tryouts

Tryouts for the men's varsity basketball team will be held at the south fitness center from Monday through Aug. 1 at 5 p.m.

Eligible personnel are permanent party members. For any questions, contact Staff Sgt. Tyrone Jordan at 6 - 4276 or Staff Sgt. Tre' Norton at 6 - 1150.

Fitness center offers classes

The aerobics center, located in the south fitness center, offers coed aerobics classes seven days a week. Call 6-2972 for more information.

Abdominal class

Monday, Wednesday and Friday at 11 a.m.
Monday-Friday at 8 p.m.

Aerobics

Monday at 7:15 a.m.

Step aerobics

Tuesday and Thursday at 5:30 a.m.

Body pump

Tuesday and Thursday at 9:15 a.m.
Thursday and Saturday at 11:30 a.m.

Yoga and pilates

Monday and Wednesday at 10:15 a.m.
Wednesday at 5 p.m.
Thursday at 6 p.m. Saturday at 3 p.m.

Basic step

Monday, Wednesday and Friday at 7 p.m.,
Sunday at 2 p.m.

Intermediate step

Saturday at 10:15 a.m.,
Wednesday at 6 p.m.

Advanced step

Monday, Tuesday 5 p.m.

Combo step

Monday, Wednesday and Friday at
11:30 a.m.

Kickboxing

Tuesday and Thursday at 7 p.m.
Sunday at 3 p.m.

Step/Floor

Monday, Wednesday and
Friday at 9:15 a.m.

Base pool schedule

Base pool passes are on sale at Bldg. 2117. Passes for individuals: \$35. Family passes: \$65. Daily fees are \$2 per person for ages 16 and older, \$1 per person for ages 4-15. Call 6-4141 for more information.

Main pool

Monday - Friday - 1 - 7:45 p.m.

Saturday and Sunday - noon - 7:45 p.m.

North closed Tuesdays

South closed Thursdays

For more information, call
6-6494.

Bunker Hill water park

Thursday - Tuesday - noon - 7:45 p.m.

Wednesdays - closed

For more information, call
6-4161.

Capehart pool

Saturday - Wednesday -
noon - 7:45 p.m.

Thursdays and Fridays -
closed

For more information, call
6-4281.

Water aerobics:

Monday, Wednesday and
Friday - noon, 5 and 6:15
p.m. at main pool
Call 6-7491 for start dates.

Lap swimming:

Now - Sept. 26, Monday -
Friday - 10:30 a.m. - 12:45
p.m. at main pool

Sheppard to compete in 3 divisions at softball tourney

By Ron "Bama" Brown

363rd Training Squadron

Sheppard will once again have three teams participating in the World Armed Forces Softball tournament Aug. 15-17 in Bay County, Fla.

The Sheppard Senators will participate in the men's varsity "A" division. The Senators recently placed second in the Southwest Military State qualifier. They also have two local tournament wins and placed third in the Texas Amateur Athletic Federation men's industrial tournament. Currently, the Senators are ranked second in the nation amongst Varsity "A" teams.

Once again, the theme for the Senators is to rely on a potent offense. This is a team that truly appreciates the use of the "long ball," especially Jim Davis, who has been on a year-long drive to hit home runs into another county. The team's strategy is to get a few men on base, then hit the dinger to clear the bases. They rarely seem to hit solo shots.

Mike Houck adds tremendous stability to the powerful offense, and Anthrone "A.J." Jones has been on fire lately. He could be the piece of the offensive puzzle the Senators will need to overcome what should be extremely stiff competition at the Worlds.

Defensively, the Senators rely on standouts such as Tevin Austin, a recent defensive player award winner at the Military State qualifier, who can "really bring the lumber," as well. Charlie Marries helps cement the infield, in hopes of keeping opposing teams' run totals to a mini-

mum. Bill Muse adds speed and consistency to a strong outfield.

The Sheppard Softball Club will be making its fifth consecutive trip to the tournament, competing in the Varsity "B" division. Currently, the SBC is ranked second in the nation in this division.

According to the current United States Specialty Sports Association, teams in the Varsity "B" Division include Dyess Air Force Base, Texas, currently ranked number one and recent winners at the Southwest Military State qualifier; Goodfellow AFB, Texas; Eglin AFB, Fla., and the list goes on. The average fan may not know that many teams who compete in the Varsity "B" division, are the varsity teams for several bases and posts.

The SBC has proven its competitiveness by claiming victories against these "base" teams—including some Varsity "A" teams in past military tournaments, like its huge upset win over Randolph AFB, Texas, in the 2003 world qualifier. Over the past two years, the SBC has garnered the top spot in several local tournaments, including the SIDS for Kids annual tournament.

The SBC relies just as heavily on their quality pitching staff as they do on any other facet of the game, with Joe Calderon emerging as a pleasant surprise on the mound. His ability to "fan" players, as well as keep rival hitters under control, will go a long way toward helping the SBC get into the winners circle.

Also on the defensive front, new-

comer John Blahuta has brought a cannon of an arm to the outfield, which helps keep opposing players from even thinking about taking extra bases.

On the offensive side, Mark Thompson heads up the power unit for the SBC, supplying needed dingers at timely points in the game. Rich Bryan, John Hirst and Bryant Weaver have helped the SBC offense get into and remain in high gear. The SBC relies on very good team speed to help keep the offense moving, as well as to get the defense in the right position to make plays.

Not to be outdone by the men, the Lady Senators will also make the trip to Worlds.

According to Lady Senators coach Clint Healy, this year's team includes plenty of new talent. Coupled with proven veterans, the team should be very competitive at Bay County. Carol Dallas, Tina Sivertsen, Eva Burnham and Amber Bennett are some of the people who lay the foundation of a rebuilt and fully loaded team. Coach Healey said that his team does well in every facet of the game, and they are looking forward to being far more competitive than in years past.

The Lady Senators qualified for the Worlds Tournament by competing in a recent state tourney at Garland, Texas.